**Principal’s Message**

It has been great to see so many students and families continue to actively participate in Walk to School October. While the official tallies on the classroom calendars will conclude tomorrow, **we hope to see students continue to actively commute to school (ride, walk or scoot) and participate in Runners Club or a walk around the oval in the mornings on arrival.** The results from the calendars will be recorded on the Walk to School website and our school will then be eligible for Walk to School prizes.

Tonight it is the grade 1 students turn to have a ‘sleepover’ at school, enjoying some great activities, delicious food and strengthening social relationships. Thanks to parents for their support and in particular the staff, Janette McCallum, Lauren Delaney, Lee Fisher, Faye Alexander and Janet Crawford-Fry for giving their personal time (and quite likely giving up their sleep again!) to enable this experience.

In line with our commitment to provide up to date technology to enhance teaching and learning at Hamilton North, we have recently purchased two large tv’s to ensure all classrooms have large screen interactive capabilities. In order for flexible use of this technology, we would like to acknowledge and thank one of our parents, Paul McKay from Hamilton Steel, for designing and constructing the stands which allow for mobility.

Next week sees the beginning of our transition program for our 2016 Prep students. This is an exciting time for both the students and their families, as they begin their journey into the formal school setting.

Staff are currently working on grade structures and staffing for 2016. On December 8th, (State-wide Orientation Day) our Yr 6 students transition to Secondary School and we will also be transitioning our Prep-5 students into their 2016 classes on this day. The students will work with their 2016 teacher and classmates for the day.
We remind parents that Wednesday, November 11th is our School Athletics Day - we hope that many parents and friends can come along to support the students.

This week's feature page comes from Prep K, some insights into the importance of being active and doing exercise - enjoy!

Regards,
Heather

**Prep Transition Days**

Our Prep Transition Program runs over three weeks, commencing in November. Wednesday 4th November 9:00am – 11:00am

Tuesday 10th November 9:00am – 12:30pm (includes recess)

Tuesday 17th November 9:00am – 3:00pm (includes recess and lunch)

**Book Fair – Great Christmas Gift Ideas**

The Book Fair commenced on Monday 12th October and will run for two weeks. The school receives a percentage of all sales. Parents are welcome to come along and have a look at the books, which will be on display in the front foyer.

**Combined Schools Carol Festival**

The school choir will be taking part in the Combined Schools Carol Festival at St. Mary’s Church on Thursday 26th November. Permission notes have been sent home with participating students today. Students will be required to wear full school uniform with black shoes and will travel to and from the festival by bus. The performance commences at 1pm sharp. Families are welcome to attend.

**School Community Noticeboard**

The noticeboard in the front entrance area is currently full of information about activities, sports, and community events happening in the area. Parents are invited to visit the foyer regularly to keep up-to-date with these events.

**Parents’ Club News**

**There will be no Treats this Friday**

**Head lice**

We have had some reports of headlice in the school.

**What parents can do:**

- Be aware if your child is scratching their hair, especially around the neck and ears, and regularly check your child’s hair for signs of lice and eggs.
- Ensure that long hair is tied back in a ponytail, braid or bun.
- Using the conditioner and comb method every week is the best way to **detect** head lice early and minimise the problem.
- **Treat** cases of head lice with recommended lotions available at chemists, hair salons and supermarkets.
- Many parents will complain that they are doing the right thing but other parents aren’t. Placing the blame will not achieve anything. Instead of pointing the finger, help each other.
- Children with cases of head lice should not return to school until treatment has begun. Please advise the school of any treated cases of head lice before your child returns to school.
Lost Property
Kade McCallum 5/6F is looking for his named rugby jumper. Please check that your child has the correct jumper.

Garden Duty
Thank you to the Killen and Porter families for their work last weekend.
This week: No Families Required
Next week: Van Dooren/Sternberg Family
If you have any queries regarding the Garden Roster please speak with Julie in the office.

Runners Club has been developed as a general fitness program to help keep our school community fit. It is held on Monday and Wednesday mornings between 8.30am and 8.50am. Children can join in at any time. Parents who would like to help mark the runners passports would be most welcome. Just turn up on the day. Leanne Willder

<table>
<thead>
<tr>
<th>100 Lappers</th>
<th>Shaun J</th>
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<tr>
<td>200 Lappers</td>
<td>Jorja W, Ethan K</td>
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<td>250 Lappers</td>
<td>Lucas K, Connor K</td>
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<td>300 Lappers</td>
<td>Sebastian K-C</td>
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State Hurdles Competitor – Ethan Knight
Last Friday I headed to Albert Park in Melbourne to compete in the State Athletics Carnival. There were four students from Hamilton who went along. I was the only one from Hamilton North. I competed in the U11 hurdles. We all met in a room and then they called us out to compete in our heat. I finished 7th in my heat, so I didn’t pass through to the finals but came 13th overall. I was really nervous at the start but I enjoyed the experience. I hope to do this again. Mrs Willder said I was the 13th best hurdler in Victoria on the day. Ethan K

Netball
North Gems played College Rubies. On Saturday we played College Rubies. I liked the game because we are all starting to play very well together. We got two goals and we all worked very hard. Maddison A

North Firebirds 16 goals played Gray Street Tigers 16 goals. It’s good to have eight players and it was a hard and great netball game. Storm H

North Dragons played Gray Street Panthers. We played well against a more experienced and stronger team. The girls played well as a team and had fun! Coach Ian E

Saturday 31st October the games are:
North Gems v North All Stars
North Phoenix v North Dragons
North Firebirds v College Vixens
Remember: Hats, sunscreen needs to be applied before school, refillable drink bottle and packed lunch.
Lunch orders will not be available on this day.
During the program all children will be required to remain on the oval in their house groups under our shade marquees.
Payne House – red top and school shorts
Scott House – yellow top and school shorts
Parents – Bring a chair, sunscreen, hat, food & drinks – no umbrellas please.
Don’t forget to come along and enjoy the day. See you at the Sports!

House Athletics Day – Help Needed
We are seeking help from parents on Sports Day to take charge of running an event from 9:00am to 11:45am. This requires scoring and marshalling students. A teacher will be present at all times. Your assistance would allow teachers the opportunity to walk students to and from events and monitor their behaviour.
Full training will be provided for each event – it is very simple – we don’t even require any measuring. I am available to explain the process or answer any questions. Please fill out the expression of interest below if you can assist.

Leanne Wilder

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Why talk about books before reading them?

Introducing a book is necessary for children of all ages. As adults, we do our own introductions when we are selecting what to read. We read the blurb, look at the number of pages, the size of the font, the author’s name (familiar and comfortable, or new and intriguing), and glance at the photos, illustrations, diagrams and so on. Children need to be introduced to this process as well. It is much easier to read a book if you already know something about it.

If your child has already read the book at school, then your discussion about it may be short. You may just like to ask your child what you can expect to hear him or her to be reading about.

A new book may need a longer conversation. You can do this in a range of ways:

- Chat about the title, author, pictures and blurb.
- If your child has read a book about the same topic or by the same author, discuss what seems to be the same or different about this book.
- Discuss how to say the names of characters and places in the book.
- Ask your child to predict what the book might be about using the information from your earlier conversation.

Absence Note

Name: ____________________ Grade: ______
was absent on ____________________ (date/s)

Reason:
Illness □
Doctor appointment □
Dentist appointment □
Family Holiday □
Other ____________________

__________________________
Parent/Guardian Signature:

Absence Note

Name: ____________________ Grade: ______
was absent on ____________________ (date/s)

Reason:
Illness □
Doctor appointment □
Dentist appointment □
Family Holiday □
Other ____________________

__________________________
Parent/Guardian Signature:
Being Active Is Important!

**Learning Intention:** I am learning about the importance of being active so that I can be healthy.

**Success Criteria:** I can write about why it is important to be active and exercise.

**Prep K were asked the question:** Why is it important to be active and do exercise? Here are their responses.

Mackenzie Beaton  
I feel smart. I feel healthy.

Sarah Campe  
So we are healthy. We feel healthy. I ride my bike.

Zak Vaughan  
So I could be fit and healthy and strong and I could get on my bike.

Kareem Muhktar  
We don’t want to be weak, lazy, whiny and sad. We want to become strong, active, brave and happy.

Harlie Walter  
You learn much better and write much more and it makes us strong and happy too.

Aidan Ralph  
I can do stuff but I do karate. We get strong and healthy.

Molly Crutch  
So I can be strong and fit. So I can be healthy.

Shaun Johnston  
I run and I walk so I can be healthy. So my brain can work properly.

Jett Gould  
I can do PE or PMP. I will be strong and your brain works. I ride on my bike or I ride my scooter.

Emme Pollock  
I can be healthy. I can be fit. I run and walk and ride my bike.

Lara Mayne  
I can feel healthy and fit. You can walk.

Cooper Miller  
To get strong. I can walk to get fit.

Max Turnbull  
I feel fit. I feel healthy because my brain is working. I feel smart.

Chanelle Cutter  
I can do stuff but is hard to do. I eat broccoli. It is healthy to eat. I want to do exercise.

Scarlett Donoghue  
I get strong and healthy. My brain will work. I will feel good. I will feel fit.

Mitchell McKay  
I can run fast. I can eat broccoli. I can be strong.

Isaac Lehmann  
I can be fit. I can be healthy. My brain is working.

Layla Slater  
I can feel good. I can do more learning so I can learn more things.

Caitlin McCagh  
You can do Runner’s Club. You can do monkey bars. You can do Tae Kwon Do. You can do gymnastics. You can eat healthy food. You can walk around the lake. You can ride your bike. So you can be healthy.